

A brand-new **Monarch** mix!

Makes the best
Brownies

you ever tasted!



3 DOZEN to the
package—prepared in
3 MINUTES!



No other Brownie mix
gives you such fudgy, chewy
dark 'n' delicious Brownies!

Picture Brownies such as you've never had before—rich, dark and chewy, chock-full of moist chocolate goodness. Better still, *get* them this very day in a superb new Monarch Brownie Mix—a richer mix that gives you a far richer Brownie.

Watch how eagerly youngsters (and Dads, too!) reach for a Monarch Brownie—and another—and another. That's why the package has to be so big, enough for 3 dozen of these delicious treats.

Monarch Brownie Mix is the latest addition to the famous family of Monarch Mixes, products of the Maple Leaf Milling Company, the largest milling company in Canada. And every single package is *unconditionally guaranteed* to give you complete satisfaction or your money will be refunded in full.

Remember, for the finest mixes money can buy . . . and now—for the best-tasting Brownies ever, always reach for the w-i-d-e yellow Monarch package.

TRY ALL THE FINE MIXES MADE BY
THE MILLERS OF MONARCH FLOUR

**CAKE MIXES • TEA-BISK
PIE CRUST MIX • SPONGE PUDDINGS**



Yugoslav ballet master Nenad Lhotka rehearses Jill Alis and Bill McGrath.

BACK ON THEIR AFTER THE FLAMES

Revival of the Royal Winnipeg Ballet from the ashes of their burned-out studios is a triumph of brave hopes over bleak prospects

FIRE destroyed the building housing the studios of the Royal Winnipeg Ballet on June 8, 1954, and with the flames went up not only costumes, scenery and musical scores but the hopes of a devoted group of people who, for 16 years, had struggled to put Canada on the ballet map.

The company, despite the grand title bestowed on it by Queen Elizabeth after a command performance, had always operated on a shoestring and carried no insurance. To many it seemed as though the Royal Winnipeg Ballet had reached the end of the road.

However, its founders, Gweneth Lloyd and Betty Farrally, are made of sterner stuff than that—as hundreds of dancers who have passed through their hands can vouch. They set to work to raise \$50,000 from the public and, despite some cliff-hanging

moments, finally succeeded.

A company of 20 dancers was assembled, built around a cadre of a few members of the previous company led by Carlu Carter and Bill McGrath. By last November they were sufficiently ready to stage a triumphant comeback, first in the home town of Winnipeg and then on a tour which took them to Brandon, Edmonton, Vancouver, Victoria, Vernon, Saskatoon, Regina, Port Alberni and Seattle.

"We were warmly welcomed everywhere," says Betty Farrally, now artistic director, "and it put heart into us. Attendances were good, too, except in Regina where we had to compete with a bingo game where the prizes were automobiles and which attracted 6,500 people. Then, in Vancouver we all had to set to and clean up the theatre which was thick in dust. One of the stagehands was so decrepit that our stage man-

ager, Peggy Green, had to help him up and down steps. However, the dancers responded wonderfully with everyone pitching in to help."

Another person who thinks the dancers respond wonderfully is Ruthanna Boris, famed dancer and choreographer commissioned by Winnipeg's Junior League to create a ballet, *Pasticcio*, with its world premiere in Winnipeg on Feb. 28.

"They are so young and eager and hard-working," she says, "that it is a pleasure to create something for them." She adds smilingly: "They are really on their toes."

Ruthanna Boris, Betty Farrally and ballet master Nenad Lhotka prepare the young dancers for the ballets they present. Six days a week they practise and rehearse for five hours a day, and it is rarely that they are told to "take five."



Royal Winnipeg's prima ballerina Carlu Carter and principal male dancer Bill McGrath in costume for *Clasico*, a ballet by native son Paddy Stone.



Marilyn Young and Lawrence Haider also dance in *Clasico*, commissioned by Lady Eaton and her family after the disastrous fire in June, 1954.

TOES



Photos by Louis Jaques
WEEKEND Staff Photographer

Lethbridge-born
Marina Katronis in
the tutu she wears
for the Pas de Deux
from Don Quixote.

For such efforts they are paid salaries ranging from \$25 to only \$45 a week for the September-to-April season. Mainly, the girls manage to survive by rooming together.

"We have a real United Nations in our apartment," says Marina Katronis, who is of Greek descent, "with myself, Gloria Contreras from Mexico; Barbara Lee Spinner from New York, and Kit Copping from Vancouver."

With the end of the present season in sight Betty Farrally is now faced with raising \$30,000 to keep the Royal Winnipeg Ballet going next season. However, now that it has once again proved that it can play its part in Canada's cultural life she is not

unduly worried and is already planning a tour that will take the company across Canada and through the U.S. West and Mid-west.

Of one thing she is sure, and that is that whatever happens there is always an insurance man. The new studios of the company face on to Winnipeg's Marlborough Hotel. One day a man rushed in and said: "Is this the Royal Winnipeg Ballet? I've been watching you rehearse."

"I thought he was going to say something nice about us," says Betty Farrally, "instead of which he asked: 'Can I sell you some fire insurance?'"

David Willock
WEEKEND Staff Writer



Winnipeg's own diminutive ballerina Carlu Carter and British Columbian Bill McGrath are now teamed off stage as well as on. They were married last summer.



Can you pass the **CLOSE-UP** test?

When you're dancing cheek-to-cheek you need complexion-confidence. Confidence that means those tiny imperfections and blemishes are safely concealed—even from the closest look. The confidence that comes from Pan-Stik*... the cream make-up that brings a new thrill of lasting complexion beauty.

A few light strokes of Pan-Stik

to forehead, cheeks, nose and chin... a quick, easy blending... you start the day lovely and end it lovely, too.

Never greasy, drying or messy... Pan-Stik lasts far longer. You'll never use another cream make-up after you've tried Pan-Stik.

Buy your favourite shade of Pan-Stik by Max Factor Hollywood at your drug or department store cosmetic counter, today.



PAN-STIK

MAKE-UP

by **MAX FACTOR** HOLLYWOOD

Special Offer! Medium-size Pan-Stik PLUS

Medium-size COLOR-FAST LIPSTICK Both for only \$1.75

*Pan-Stik (trademark) means Max Factor Hollywood cream-type make-up.

Arthur Godfrey says...

"Who wants to be 'Miss Pudgy of 1956'?"

when you can
lose pounds
the **Ayds** way!"



By the Makers of Italian Balm



Clinical Tests Prove **Ayds** Plan
Best and Safest
in Tests on 240 Overweight
Women and Men!

**No Starvation Dieting —
No "Hunger Pangs"!**

In a well-known New England clinic, doctors tested four different reducing methods: bulk wafers, lozenges, pills—and modern AYDS. The tests were made under carefully controlled clinical conditions. The people who took the AYDS Plan averaged the greatest weight loss—almost twice as many pounds as the second best product! Not only that—the AYDS users alone had no nervousness, sleeplessness, or unpleasant "side effects"! Ask your physician to send for this Medical Report, to CAMPANA, 36 Caledonia Road, Toronto 10, Ont.

With AYDS plan you lose weight the simple, easy way. Taken before meals as directed, delicious tasting AYDS—containing added vitamins and minerals—curbs your craving for fattening foods. Yet you eat all you want. "Hunger pangs" don't bother you! You automatically eat less. You're slimmer in a few short weeks! Many AYDS users report losing up to ten pounds or more with their first box. You must lose weight with your first box (\$3.25 suggested retail price) too, or money back. Guaranteed to work for you! At leading drug and department stores.

Take **Ayds**... first-aid for overweight!

Now the makers of
ASPIRIN* bring you
BAYER* NOSE SPRAY
 ANTIHISTAMINIC

for faster relief
 from head colds!

Opens stuffy Noses!
 Let's you breathe easier
 almost instantly!

Contains an effective germ-fighter, Borozone*, which because of its special penetrating action goes deep into stuffed-up, mucous-laden areas almost instantly to let you breathe easier fast! Carries soothing, shrinking medicine into sore, inflamed membranes where ordinary nose sprays can't reach.



self-atomizing
 plastic bottle...
 just squeeze
 the bottle
 to relieve
 congestion,
 distress from
 blocked passages
 ... clear
 stuffy head



Only 98¢ at all drug stores

In unbreakable, squeeze-spray bottle. Carry in purse, pocket, desk and car. Clean, instant application... prolonged relief.

Scientific example shows spray mist from new self-atomizing plastic bottle, proves how medicated, germ-fighting, antihistaminic mist is puffed into nasal passages.

no sting • no burn • no oils

ADULTS and CHILDREN welcome the fast, cooling and soothing relief with this new, antihistaminic treatment for head colds. Recommended by medical authorities!

MADE BY THE MAKERS OF ASPIRIN

*Trade Marks of The Bayer Company, Limited

50B-56-155



Back On Their Toes (Continued)



Guest choreographer Ruthanna Boris conducts rehearsals of her new ballet, Pasticcio,

Life is highly-disciplined and lowly-paid for the 20



Daily stint is one gruelling hour at practice bar and five hours of rehearsals.



Dancers relax between rehearsals; oldest is only 24, youngest 16.



Company is 60 per cent Canadian; others hail from U.S., England and Mexico.



in readiness for its Winnipeg premiere on February 28.

dedicated dancers in the company



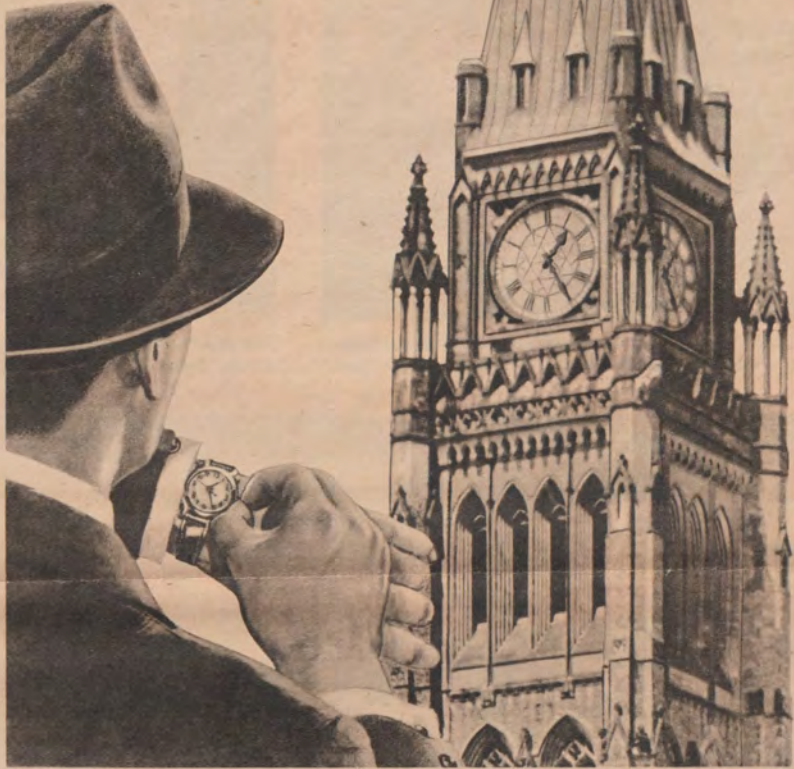
Choreographer Ruthanna Boris goes through score for Pasticcio with R.W.B. musical director Eric Wild.



(More Pictures on Next Page)

New company was largely built around Bill McGrath and Carlu Carter after fire dispersed old company.

It's time
the two of us
get together



Unless you have recently taken time to arrange, under today's conditions, for your family's future, it's time the two of us get together.

To assist you, Metropolitan has developed a revealing personal analysis called "MY INSURANCE PLAN" — a looseleaf booklet, custom-made to your specifications, arranging your present Life insurance in such a way that you will know precisely what you have, or what it will do for you and your family. It contains:

1. A complete record of your Insurance Estate, including the amount of insurance, plan of insurance, date of purchase, beneficiaries, face and cash values and retirement value plus other vital information.
2. A calendar showing the dates premiums are due on your policies.

3. Essential personal history data.

4. A detailed description with graphs and charts showing exactly what your dependents will get in the event of your death.

In a nutshell, the plan organizes all the salient facts about your Life insurance holdings so effectively that, possibly for the first time, you will learn precisely where you stand now—and where you will stand at any given date in the future.

Your Metropolitan Man has been trained to prepare this valuable record for you without obligation, as a service to you. Why not get in touch with him now and tell him you are interested in "My Insurance Plan." He will be glad to explain it further and to show you what it will do for you and your family. Call any time because . . .

Metropolitan service is
as local as Main Street—as close as your 'phone

COPYRIGHT CANADA, 1956—METROPOLITAN LIFE INSURANCE COMPANY

Metropolitan Life Insurance Company
(A MUTUAL COMPANY)

Home Office: New York

Canadian Head Office: Ottawa



Life with R.W.B. isn't all work and no play. Witness Roger Fisher, Edmonton, and Barbara Lee Spinner, New York.

Back On Their Toes *(Concluded)*

Youthful zest and never-say-die direction bring
new hope to Canada's oldest professional ballet



Artistic Director Betty Farrally (centre) discusses sets for the ballet Pasticcio with Miss Boris, John A. Russell (left), production director, and scenic artist John Graham.



Mrs. Constance "Sindie" Officer, wardrobe mistress with the R.W.B. since its birth in 1938, outfits newcomer Kit Copping, of Vancouver. ✓